

North Wales Learning Disability Strategy 2025-2035

Our plan to support people with learning disabilities across North Wales

A summary



Gogledd Cymru Gyda'n Gilydd
North Wales Together

Gwasanaethau ddi-dori i bobl ag Anableddau Dysgu
Seamless services for people with Learning Disabilities



About this plan

With the right support, many people with a learning disability can live full, independent, and happy lives.

A learning disability is defined by:

- It starts in childhood. Lower intellectual ability (usually an IQ below 70).
- Significant impairment of social or adaptive functioning.

A learning disability is different from a learning difficulty like dyslexia or ADHD. Some people may have both.

Our vision

People with learning disabilities will be supported to reach their potential and enhance their wellbeing.

They are valued and supported to live happy, safe and fulfilled lives within their community in North Wales.

How we developed this plan

We looked at evidence and information. We used:

- the results and lessons learnt from the North Wales Learning Disability Strategy: 2018-2023
- the information from Regional Partnership Board population assessments and plans.

We talked to people with learning disabilities and professionals that work with them, through:

an easy-read questionnaire



a six week consultation



face-to-face visits



focus groups



3 workshops



engagement with schools and youth settings.



We also involved organisations and groups from the Learning Disability community.



Over 500 people took part in the process of developing this Strategy.

They told us about their experiences and what mattered to them.

We took everything they told us and used it to set out our **15 priorities** for 2025 to 2035.

13,000



2%

There are around **13,000** people with learning disabilities in North Wales, that's **2%** of the population.

3094 of them which is about a quarter (**24%**) are known by social services.

24%



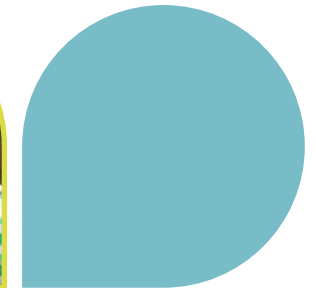
3,094

8%



5 years

Between **2015** -**2020** the number of people with learning disabilities in North Wales rose by **8%**.



Our 15 priorities



1. Reaching potential — giving people support to reach their goals, be in charge of their own lives and have the same opportunities as everyone else.



2. Feeling safe and supported — having safe, caring communities, reducing stigma and giving people easy to understand information that help them live independent lives.



3. Lifespan and wellbeing — making sure people have the right support, at the right time so they can be active and healthy.



4. Prevention and early intervention — having services step in as early to support people before issues become worse.



12. Education and employment — making sure people have support to reach their goals in education and work. This includes developing their skills so they can have opportunities to reach their dream job or career.



5. Voice, choice and control — involving and listening to people so they have control over decisions that affect their lives.



13. Having a home — making sure there are more fairer housing options, better placements and support to live an independent life.



11. Promoting support for People with Profound and Multiple Disabilities (PMLD) — making sure people understand the complexity of PMLD so people have the right support.



6. Supporting children and young people — making sure they can develop their skills and reach their goals. We also want to make sure unpaid carers have support and respite options.



14. Workforce — making sure everyone working across services have the same values and put people first.



10. Community and leisure activities — making sure people have opportunities to enjoy activities including exercise, dancing, drama club, crafts, youth clubs, music events and more.



7. Transition support — making sure people have support throughout the different stages of life.



15. Commissioning — making sure any services Health and Social Care commission focus on a 'one care plan' approach.



9. Promoting positive relationships — empowering people to develop their social life, make safe lifestyle choices and have healthy relationships.



8. Access to transport — having affordable transport at different times of the day, that meets people's needs and helps independence.

Thanks for reading this

To read the full plan go to:



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