

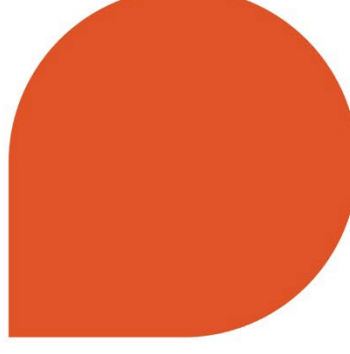
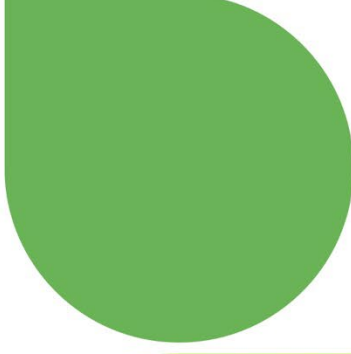
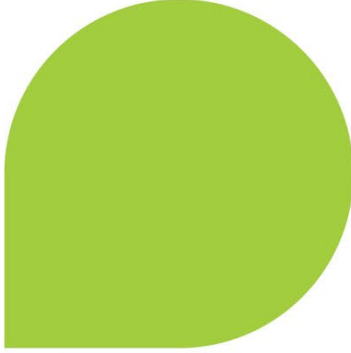
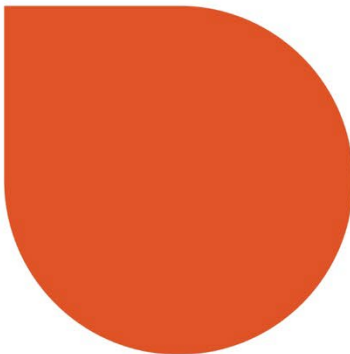
North Wales Learning Disability Strategy 2025-2035



Gogledd Cymru Gyda'n Gilydd
North Wales Together



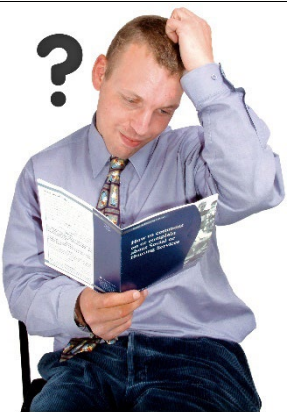

Gwasanaethau ddi-dori i bobl ag Anableddau Dysgu
Seamless services for people with Learning Disabilities

Easy read version



North Wales Learning Disability Plan 2025 to 2035

Our plan to support people with learning disabilities across North Wales.

	<p>This is an easy read version of the North Wales Learning Disability Plan.</p>
	<p>This is an easy read document.</p> <p>But you may still need support to read it.</p> <p>Ask someone you know to help you.</p>
	<p>Words in bold blue writing may be hard to understand.</p> <p>You can check what the words in blue mean on page 12.</p>
	<p>This document was made into easy read using Photosymbols</p>



When the document says we, this means people who work in learning disability Health and Social Care services in North Wales.



North Wales has a plan that went from 2018 to 2023.

The North Wales Learning Disability Plan wanted to make Health, Social Services, the third sector and private providers work better together to help support things that matter for people with learning disabilities and their families.

That plan said that it is important to **Coproduce** with people with learning disabilities and their families and carers.

North Wales Together: Seamless services for people with learning disabilities

Co-produced work packages

Integrated structures

Workforce development

Commissioning and procurement

Community and culture change

Assistive technology

The citizen and what matters to them

Early years

A good place to live

Something meaningful to do

Friends, family and relationships

Being safe

Being healthy

The right support

Our first plan said that 7 things are important to people with learning disabilities and their families.

- Good support for young children and their families
- A good place to live,
- Something meaningful to do,
- Family Friends and relationships,
- Being safe,
- Being Healthy
- Having the right support.



Gogledd Cymru Gyda'n Gilydd
North Wales Together

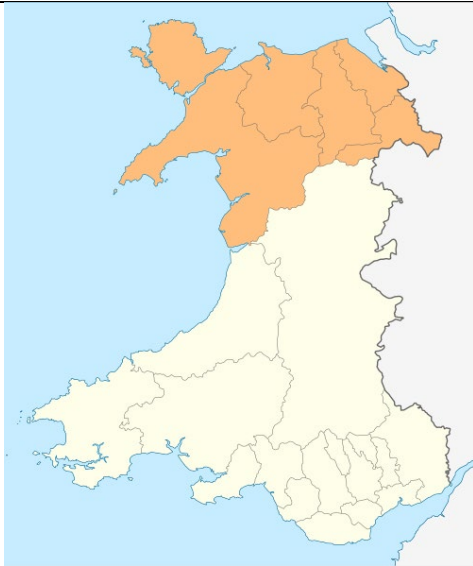
Gwasanaethau Dall-dor i bobl ag Anabuddau Dyngu
Seamless services for people with Learning Disabilities

Since 2019, The North Wales Together team has helped services work on the things that are important to people with learning disabilities.

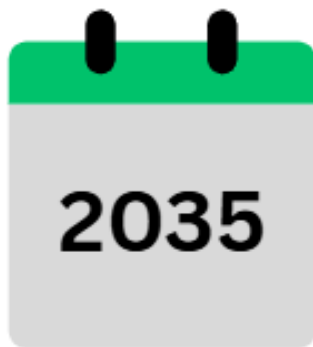


The last plan finished in 2023.

People in services want to have a new plan.



Dr Ceryl Davies spent 9 months meeting with people across North Wales to get their views on what should be in the plan.



This new plan says what we should be looking at for the next 10 years.

The new plan lasts until 2035.



Helping People Reach Their Potential

We want people with learning disabilities to grow and reach their goals.

We want people to live fulfilling lives.

- One way to do this is by encouraging the use of Direct Payments, which give people more control over their care and support.



Transport Challenges

Transport is a big issue, especially in rural areas.

We need to:

- Teach transport skills.
- Help people travel safely and independently.



Good support

The way people are supported is very important.

When staff take a positive attitude towards the people they are supporting, they are more likely to learn new things and have good wellbeing.

Support should be active and encouraging.

It should focus on what people can do.



Accommodation. A good place to live.

We need a long-term (10-year) plan to improve housing for people with learning disabilities.

We want to encourage people with learning disabilities to have your own **tenancy**.

We need to plan how we develop different types of housing

We need to plan the houses and flats that are needed now.

We also need to plan what accommodation will be needed in the future.

We also need:

- Clearer rules that make sure supported living feels like home for the people who live there.
- To make sure homes feel like homes, not workplaces.
- Encourage people to take reasonable risks in their own homes.

Education, Employment, and Day Opportunities

We need to have more supported employment.

We need to have meaningful things for people to do in the day.

Work with **specialist colleges** to focus on people's strengths and goals.

We don't want to fit people into the services we have.

We want our services to fit the system.



People with Profound and Multiple Learning Disabilities (PMLD)

We need to focus on how we support people with profound and multiple learning disabilities.

People with more complex needs cannot always tell people what they want.

We should decide together how we best support people with PMLD.



There are not many choices for education and training for young people with PMLD.

We need to give people with more complex needs more opportunities to learn and develop.



Self

Self-Advocacy

Self-advocacy needs more promotion across North Wales.

Services should focus on people with learning disabilities.

Sometime their needs are different to people with other neurodevelopmental needs.

People with PMLD also need better advocacy support. We need to have training and tools to help them speak up.

Unpaid carers should also have access to advocacy services.

Advocates should be well-trained and understand services well.



Children and Young People

More children with learning disabilities are being looked after by the Local Authority.

This is because:

- There are more children and young people with more complex needs
- Children, young people and their families are not getting help early enough.

We need to learn more about this so we can plan our services better.

We will ask Children and young people about their goals and dreams from a young age.

We need to try and help families find personal assistants (PAs) for children.



Support to people at all ages.

We need to support people in the right way throughout their lives.

We want to support young people to be more independent.

We need to supporting unpaid carers better.

We have to make sure people have the right amount of care and support for their own situation.



Summary

North Wales Together has been a big help in making important changes happen.

Everyone agrees that services like health, social care, education, and housing need to carry on working to helping people with learning disabilities.

Hard words

Coproduction. Co-production lets people who provide services and people who receive them share power and work together in fair and caring way that works for everyone involved.

Intermediate care, or “Step-Up and Step-Down” Support.

Intermediate care is a way of providing the right amount of support to people when their mental wellbeing is not good.

Specialist Colleges. A specialist college is a further education college that some people go to after they have left school.

People with Profound and Multiple Learning Disabilities (PMLD).

PMLD, or Profound and Multiple Learning Disabilities, means a person has a very significant learning disability and also other disabilities, which make it hard for them to communicate and do things independently. They need a lot of support with most or all parts of their lives

Self advocacy. Self-advocacy for people with learning disabilities means speaking up for yourself and what you need, so you can make choices and be in control of your own life. It's about having a voice and being heard on things that are important to you.

Potential. If you say that someone or something has potential, it means they could be able to learn and develop and become better at things in the future.